

NOVEMBER 2024

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|--|--|--|---|--|
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| <p>**Preschool meal items are in BOLD**</p> <p>Preschool meals are all served family style.</p> | <p>Breakfast: Cherry Frudel / Fruit</p> <p>Lunch: Chicken Patty Sandwich Tater Gems (GF) Seasoned Green Beans Rosy Applesauce</p> | <p>Breakfast: Ham & Egg Croissant / Fruit</p> <p>Lunch: Beef Stroganoff Buttered Noodles Sweet Corn Celery Sticks Peaches</p> | <p>Breakfast: Muffin / Fruit</p> <p>Lunch: Pepperoni Bubble Pizza Mixed Greens Salad Baby Carrots Oranges</p> | <p>Breakfast: Mini Pancakes & Sausage Links / Fruit</p> <p>Lunch: Chicken Nuggets Calico Beans Fresh Broccoli Apples</p> | <p>Breakfast: Biscuit & Gravy / Fruit</p> <p>Lunch: Sloppy Joe on a WG Bun Sweet Potato Fries Baby Carrots Banana</p> | <p>Daily breakfast option: Cereal and Buttered WG Toast Breakfast served with juice and milk</p> |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | <p>Breakfast: Glazed Donut / Fruit</p> <p>Lunch: Goulash Garlic Toast Steamed Peas Peaches</p> | <p>Breakfast: Breakfast Burrito / Fruit</p> <p>Lunch: Super Nachos Refried Beans Mixed Greens Salad Pears Churro</p> | <p>Breakfast: French Toast Sticks / Fruit</p> <p>Lunch: Turkey & Cheese Sub Sandwich Chips Baby Carrots Apples Chocolate Chip Cookie</p> | <p>Breakfast: Breakfast Sandwich / Fruit</p> <p>Lunch: Orange Chicken Savory Rice Red Pepper Strips Mangos Fortune Cookie</p> | NO SCHOOL | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | <p>Breakfast: Apple Frudel / Fruit</p> <p>Lunch: Cheeseburger on a WG Bun French Fries Sweet Corn Fruit Cup</p> | <p>Breakfast: Breakfast Casserole / Fruit</p> <p>Lunch: White Chicken Chili Cornbread Muffin Celery Sticks Applesauce</p> | <p>Breakfast: Mini Pancakes & Sausage Links / Fruit</p> <p>Lunch: Chicken Patty on a WG Bun Onion Rings Cucumber Slices Orange Wedges</p> | <p>Breakfast: Fruit, Yogurt, Granola Parfait / Fruit</p> <p>Lunch: French Toast Sticks Sausage Links Baby Carrots Grapes</p> | <p>Breakfast: Frosted Long John / Fruit</p> <p>Lunch: Macaroni & Cheese Little Smokies Broccoli Mixed Fruit</p> | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | <p>Breakfast: Ham & Cheese Omelet / Fruit</p> <p>Lunch: Turkey Mashed Potatoes with Gravy Seasoned Green Beans Apple Wedges Dinner Roll Pumpkin Bar</p> | <p>Breakfast: Muffin / Fruit</p> <p>Lunch: Hot Ham & Cheese Sandwich Mixed Greens Salad Baked Beans Peaches</p> | <p>Breakfast: Breakfast Pizza / Fruit</p> <p>Lunch: Corn Dog Ranch Potato Wedges Broccoli Cinnamon Applesauce</p> | <p>Breakfast: Strawberry Cream Waffle / Fruit</p> <p>Lunch: Chicken & Noodles Baby Carrots Fruit Cup Bread & Butter</p> | <p>Breakfast: Cinnamon Roll / Fruit</p> <p>Lunch: Homemade Pizza Peas Mandarin Oranges Jell-O Cake</p> | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| <p>Menu is subject to change.</p> <p>Daily Milk Choices: 1% White 1% Chocolate</p> | <p>Breakfast: Cherry Frudel / Fruit</p> <p>Lunch: Crispito Spanish Rice Buttered Corn Peaches</p> | <p>Breakfast: Frosted Donut / Fruit</p> <p>Lunch: Chicken Nuggets Tator Gems Savory Carrots Pears</p> | NO SCHOOL | NO SCHOOL | NO SCHOOL | <p>Application for Free/Reduced Meals is available at unitedcomets.org/district/nutrition/ or in the District Office</p> |

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. **Ingredients and menu items are subject to change or substitution without notice.** Please consult a medical professional for assistance in planning for or treating medical conditions.

This institution is an equal opportunity provider.