

JANUARY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
<p>**Preschool meal items are in BOLD**</p> <p>Preschool meals are all served family style.</p>	NO SCHOOL	NO SCHOOL	NO SCHOOL	<p>Breakfast: French Toast Sticks / Syrup</p> <p>Lunch: Turkey Gravy Mashed Potatoes Steamed Carrots Pears Sugar Cookie</p>	<p>Breakfast: Breakfast Sandwich / Fruit</p> <p>Lunch: Spaghetti and Meatballs Green Beans Peaches Breadstick</p>	<p>Daily breakfast option: Cereal and Buttered WG Toast Breakfast served with juice and milk</p>
5	6	7	8	9	10	11
	<p>Breakfast: Mini Waffles & Syrup / Fruit</p> <p>Lunch: Pigs in a Blanket Baked Beans Mixed Vegetables Rosy Applesauce</p>	<p>Breakfast: Mini Pancakes & Syrup / Sausage Patties / Fruit</p> <p>Lunch: Crispito Spanish Brown Rice Seasoned Corn Apple Crisp</p>	<p>Breakfast: Biscuit & Gravy / Fruit</p> <p>Lunch: Hamburger Patty on WG Bun Onion Rings Baby Carrots Grapes</p>	<p>Breakfast: Cheese Omelet / Fruit</p> <p>Lunch: Soft Shell Taco w/Toppings Refried Beans Steamed Broccoli Peaches Royal Brownie w/Frosting</p>	<p>Breakfast: Cinnamon Roll / Fruit</p> <p>Lunch: Chicken & Noodles Seasoned Green Beans Savory Carrots Orange Wedges Dinner Roll</p>	
12	13	14	15	16	17	18
	<p>Breakfast: Blueberry Bubble Bread / Fruit</p> <p>Lunch: Meatball Sub Seasoned Green Beans Baby Carrots Blushing Pears</p>	<p>Breakfast: Biscuit & Gravy / Fruit</p> <p>Lunch: Popcorn Chicken Mashed Potatoes & Chicken Gravy Sweet Corn Sliced Apples Oatmeal Chocolate Chip Cookie</p>	<p>Breakfast: Bagel & Cream Cheese / Fruit</p> <p>Lunch: Pizza Dippers Marinara Sauce Mixed Vegetables Peaches</p>	<p>Breakfast: Western Omelet Quesadilla / Fruit</p> <p>Lunch: Homemade Pizza Steamed Broccoli Mixed Greens Salad Orange Wedges Sno Ball Cookie</p>	<p>Breakfast: French Toast Sticks & Syrup / Fruit</p> <p>Lunch: French Toast w/Syrup Sausage Links Scrambled Eggs Tri Taters Baby Carrots</p>	
19	20	21	22	23	24	25
	NO SCHOOL	<p>Breakfast: Mini Waffles & Syrup / Fruit</p> <p>Lunch: BBQ Rib on WG Bun Baked Beans Mixed Greens Salad Banana</p>	<p>Breakfast: Breakfast Pizza / Fruit</p> <p>Lunch: Corn Dog French Fries Baby Carrots Blushing Pears</p>	<p>Breakfast: Breakfast Sandwich / Fruit</p> <p>Lunch: Pork Fritter on WG Bun Sweet Corn Mixed Greens Salad Fruit Cocktail</p>	<p>Breakfast: Cinnamon Roll / Fruit</p> <p>Lunch: Cowboy Cavatini Green Beans Baby Carrots Orange Wedges Bread & Butter</p>	
26	27	28	29	30	31	
<p>Menu is subject to change.</p> <p>Daily Milk Choices: 1% White 1% Chocolate</p>	<p>Breakfast: Applesauce Muffin / Vanilla Yogurt / Fruit</p> <p>Lunch: Hamburger Patty on WG Bun Cheddar Cheese Spudz Baby Carrots Grapes</p>	<p>Breakfast: Star Spangled Pancakes / Fruit</p> <p>Lunch: Chili Crackers Baby Carrots Pears Cinnamon Roll</p>	<p>Breakfast: Breakfast Pizza / Fruit</p> <p>Lunch: Chicken Nuggets Baked Beans Fresh Broccoli Apple</p>	<p>Breakfast: Mini Waffles & Syrup / Fruit</p> <p>Lunch: Chicken Patty Sandwich Tater Gems Seasoned Green Beans Rosy Applesauce</p>	<p>Breakfast: Breakfast Stick / Fruit</p> <p>Lunch: Macaroni & Cheese Popcorn Chicken Steamed Peas Fruit Salad Bread & Butter</p>	<p>Application for Free/Reduced Meals is available at unitedcomets.org/district/nutrition/ or in the District Office</p>

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. **Ingredients and menu items are subject to change or substitution without notice.** Please consult a medical professional for assistance in planning for or treating medical conditions.
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